



FULL MOON HEALING CIRCLE

Welcome Priestess

Sisters Unite!

*Connecting to the Moon
aligns you with your
true nature. It feels
like coming home.*

MAYA ANGELOU

DECEMBER 11

TIME | 7:30PM

If you are running late that's ok please
just come in quietly.

LOCATION | 15824 10TH AVE SW

Hosted at Pink Blush Boudior Studio





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CONNECT TO US

SOCIAL MEDIA

Jayde Insta: @jaydecystalcoaching

Sarina Insta: @pink_blush_photography

START A DAILY SPIRITUAL PRACTICE

SUBSCRIBE TO THE FREE BI-WEEKLY MOON
GUIDE

www.jaydecystal.com



FULL MOON HEALING CIRCLE

Moon Details

"Woman has the power to beam out energy in any way and send a message in any form. She can totally fix things the way she wants."

YOGI BHAJAN

GEMINI FULL MOON

GEMINI | ENERGY INFLUENCES

Sensu

THEME | HEALING

Healing the geneational curses & activating divine genetics within for evolution and rise of consciousness into rising above maya. Restoration of heart wisdom, resensitizing power centre.

Living authentic truth.





FULL MOON HEALING CIRCLE

Moon Details

ANCESTORS | PARADIGM

“I honour all those in my bloodline who came before me that had their sense of safety and trust in their protection ripped away from them. All those who learned that worry was a way of protection or loving another. May Creator remove all dramatic cellular memories from our carbon DNA now. Transmuting all the trauma, pain, sadness, negative beliefs or emotions that they may have created - to complete Divine peace. Lay this healing through my entire bloodline and all directions of space and time. Our whole family tree & sent through the golden united heart web for all those who have asked for it. It is so with grace and ease.”





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Moon Details

*You will face many defeats
in life, but never let
yourself be defeated by
pulling the treasure of
lesson from each fall.*

JAYDECRYSTAL
GRAVEL

GEMINI FM | PARADIGM HEALING

Healing the Global Paradigm of being directed by other's timetables or media set algorithms. Fostering skills to turn within and seek your own needs and desires outside of collective distraction or direction.

Attunement to the natural ebb and flow of nature and how they effect your personal energy cycles. Flowing with the rhythm of the seasons & Divine Timing.





FULL MOON HEALING CIRCLE

What to Bring?

WHAT TO BRING:

*"For she is more
precious than jewels."*

PROVERBS 31:10

1. Prep work

2. Journal

3. Pen

4. Favourite crystal(s) or
oracle cards for charging



FULL MOON HEALING CIRCLE

Prep Work

**PLEASE WRITE ON A SEPARATE PIECE OF PAPER BECAUSE
WE WILL BE TEARING THEM UP**

If you feel
stuck try
writing a
letter
addressed to
the Universe
stating what
patterns your
are done with.
Along with
what your
most cherished
dreams are.

1. Anger list: Name all the things that make you so pissed
2. Brag List: What have you accomplished & succeeded at this month
3. Desires list: What do you want the most in life right now? List it



Prep Work

4. Challenges: Write out your biggest challenge as a cleansing story or point form

5. Uplevels: How have your consciousness grown over the past month? Have you let go or changed any negative perspectives?

How have you come closer to Source?





FULL MOON HEALING CIRCLE

What to Expect

Moon Ceremonies tend to shift with the energetic influence of the moon. They are also meant to be an intuitional process. Our goal is to guide you in cultivating habits of self-care and sisterhood.

A Few Constants...

- Meditation & breath work
- Celebrating ourselves
- Plugged into Intuitive Wisdom
 - Collective blessing
 - Safe space to share
 - Trust & confidentiality
- Holding presence for each other





JAYDE CRYSTAL GRAVEL

Your Guides

"It is my mission to connect you to the GODDESS & help you remember you are powerful beyond measure. You are DESTINED to live a RADIANT full, beautiful, abundant life! With deeply nourishing relationships; in healthy, shapely body. You have a special PURPOSE to serve the world. It is needed. The time is now."

- Jayde



Jayde Crystal is an Intuitive Coach & healer. Creating consciousness-Based Health Programs birthed of a love of Divinity, Goddess & Source. Her own healing journey from childhood traumas, addictions, codependency & obesity. She specializes in helping women expand consciousness through Sacred Feminine Power & Wisdom. Healing deep emotional trauma, pain, to nurture the body and find soulful lasting love.





SARINA SPASIK

Your Guides

"My love for self discovery has lead me to join forces with Jayde as a way to spread love and healing to more women. When we come together with open hearts and minds we heal and become stronger together."

- Sarina



Sarina is a local boudoir photographer & owner of Pink Blush Boudoir. Her prior dexperience as an exotic entertainer for almost a decade, has moulded her into a wonderful guide of Sacred Feminine Wisdom. Specializing in connecting women to authentic beauty, confidence, healthy self-image & feminine power. Creating an environment for other women to feel safe to honour Divine sensuality & the sacredness of femininity. Sarina is a dog mom to two beautiful furry children & partner to a loving husband.

